

Associate in Arts at City Colleges of Chicago to Bachelor's Degree in Kinesiology and Allied Health at Illinois Wesleyan University

*This is a suggested course pattern. Students must work with their advisor to develop a curriculum plan that meets their scheduling needs. ** indicates course needed for the major. + indicates an IWU graduation requirement*

CITY COLLEGES OF CHICAGO			
FIRST YEAR	COURSE NAME	CREDIT HOURS	
		FALL	SPRING
ENGLISH 101	Composition	3	
GECC Social Behavioral Sci	GECC Social Behavioral Sci	3	
GECC Fine Arts	Any GECC Fine Arts	3	
Language 101	Language I	4	
BIOLOGY 121	Biology I (prerequisite for BIOLOGY 226)	5	
ENGLISH 102	Composition		3
GECC Social Behavioral Sci	GECC Social Behavioral Sci		3
BIOLOGY 226**	Human Structure/ Function I (IWU BIOL 107)		4
Language 102	Language II		4
Humanities Gen Ed	Any GECC Humanities		3
Total Credit Hours		18	17
SECOND YEAR	COURSE NAME	CREDIT HOURS	
		FALL	SPRING
SPEECH 101	Fundamentals of Speech Communication	3	
GECC Phys Sci or CHEM 201*	GECC Physical Sci or General Chemistry I (IWU 201)	4-5	
Language 103+	Language III	4	
BIOLOGY 227**	Human Structure/ Function II (IWU BIOL 108)	4	
Elective or CHEM 203*	Elective or Gen Chem II (sub for IWU 202) see note		3-5
BIOLOGY 107**	Nutrition-Consumer Ed (IWU HLTH 230)		3
GECC Humanities/Fine Arts	Any GECC Humanities/Fine Arts		3
GECC Social Behavioral Sci	GECC Social Behavioral Sci		3
GECC MATH	GECC Math, MATH 125 Statistics suggested if planning on graduate school after bachelor's degree		4
Total Credit Hours		15/16	16/18

***Note:** This major provides the knowledge and competencies related to a variety of health and fitness environments. If you are planning to pursue a career in physical therapy or nutrition/dietetics, you should choose CHEM 201 as your physical science and also complete CHEM 203. If you are pursuing a career in athletic training, select CHEM 201 as your physical science. *Complete both BIOLOGY 226 & BIOLOGY 227 with a C or better to be equivalent to IWU 107 & 108.*

- At least one course must meet the Human Diversity (HD) requirement. This is a graduation requirement for CCC.
- At City College of Chicago, choose a (G) Global Diversity and a (U) US Diversity course from this list to meet IWU requirements. **Global Diversity options:** ANTHRO 202, HIST 215, HIST 212, 247, HUM 215, MUS 183, POL SCI 204, SOC 210, SPANISH 104. **US Diversity options:** HIST 111, 112, 114, 115, 216, HUM 107, POL SCI 201, SOC 207.

ILLINOIS WESLEYAN UNIVERSITY			
THIRD YEAR	COURSE NAME	UNIT HOURS	
		FALL	SPRING
KIN 325	Kinesiology	1	
Major 1	Elective in Major	1	
Major 2	Upper Level Elective in Major	1	
1xx - 4xx	Elective	1	
KIN 330	Exercise Physiology		1
KIN 100	Intro to Exercise Science		1
Major 3	Upper Level Elective in Major		1
3xx or 4xx	Upper Level Elective		1
Total Units		4	4
FOURTH YEAR	COURSE NAME	UNIT HOURS	
		FALL	SPRING
Major 4	Upper Level Elective in Major	1	
Major 5	Upper Level Elective in Major	1	
1xx - 4xx	Elective (possibly physics I)	1	
2xx - 3xx	Elective (If planning on graduate school, choose BIOL 323, 395 or PSYC 227)	1	
KIN 327	Essentials of Strength & Conditioning (W)		1
HLTH 490	Practicum		1
1xx - 4xx	Elective (possibly physics II)		1
1xx - 4xx	Elective		1
Total Units		4	4

Major course electives should be selected with an IWU advisor based on an area of professional interest. Areas of Professional Interest: 1) Physical Therapy, 2) Occupational Therapy, 3) Strength & Conditioning/ Personal Training, 4) Athletic Training, 5) Nutrition/ Dietetics, 6) Sport Psychology

- Physical Education courses such as weight training are encouraged. However, physical education courses are not counted as academic units at IWU and will not count toward the 32 units required for graduation.
- Students should follow the Associates in Arts degree at CCC as opposed to the Associates in Science degree. The AA degree includes the Gen Ed Certificate, which is a complete package of transferable General Education Core Courses (GECC).
- AP scores of 3, 4 and 5 and Standard level IB scores of 5 or higher will receive 1 unit of credit.
- Remedial math courses may be needed to prepare for the math requirement. However, remedial courses will not transfer to IWU. College Algebra, College Trigonometry, and Pre-Calculus are not transferable for credit. Adjust schedule and hour requirements accordingly to complete degree.
- The IWU Second Language requirement can be met by completing the intermediate level (103) course of any language or by earning a 4 or 5 on the AP exam in a second language. Visit the IWU website for information: <https://www.iwu.edu/registrar/transfer-credit-faq.html>
- Students should complete a minimum of 64 semester hours, not including remedial or Physical Education courses, at City Colleges of Chicago to be on track to complete their bachelor's degree in a total of four years.
- Students are required, at minimum, to complete 16 units of coursework at IWU including half of all major requirements
- IWU Graduation requirements: 32 total courses and 32 total units with 9 courses and 9 units of upper level courses. (1 IWU unit = 4 semester hours)

2024-2025